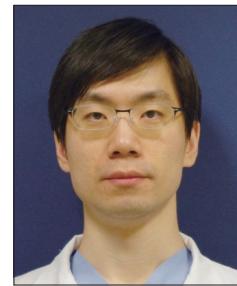


## 지방흡입물로부터 추출한 기질혈관분획의 분석

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### Analysis of Stromal Vascular Fraction from Lipoaspirates: Our Institute's Experiences

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Today, adipose tissue derived mesenchymal stem cells (ADSC) have gained a great interest in various medical fields due to the characteristics of its self-renewal and multilineage differentiation capacity. The stromal vascular fraction (SVF) of adipose tissue is known to contain mesenchymal stem cells and it is obtained by processing the lipoaspirate which is usually collected from tumescent liposuction. In this study, we reviewed the records of patient epidemiology and results of SVF isolation. 30 patients (8 males and 22 females) had been underwent tumescent liposuction between April 2012 and January 2013, and the collected lipoaspirates were processed to isolate SVF in GMP facility in CHA Bundang Medical Center. The average stem cell count per 1 cc of lipoaspirate was  $52,252 \pm 26,704$  and cell count including red blood cells per 1cc of lipoaspirate was  $970,607 \pm 873,436$ . The stem cell viability was proven to be  $84 \pm 4\%$ . Bacteria were not detected in all the SVF samples. Compared to previous reports concerning the yield of SVF, our results coincide well with the results of previous studies. Because there were no domestic report about the yield and viability of SVF, this report may provide a reference value of the Korean SVF for the clinicians who want to use SVF as a therapeutic purpose.

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**Key Words:** Adipose tissue, Adult stem cells, Viability

### I. INTRODUCTION

In recent years, adipose tissue derived mesenchymal stem cells (ADSC) have gained a great interest in plastic and reconstructive surgery. ADSC have strong paracrine effects and can be differentiated into various types of cells, such as osteoblasts, chondrocytes, endothelial cells, myoblasts, and adipocytes.<sup>1</sup>

Studies have revealed that ADSC have the ability to promote wound healing process, accelerate angiogenesis in ischemic conditions and secrete anti-inflammatory cytokines.<sup>2</sup> But practically, stromal vascular fraction (SVF) rather than ADSC is used because pure ADSC can be obtained by multiple times of culture and there were some legal issues in clinical application of ADSC to patients.

Human adipose tissue is available in large quantities and is easily collected via relatively simple surgical procedures. The two most commonly used methods are surgical resection of fat tissue and liposuction, which are different types of body contouring plastic surgery procedures. Thanks to the minimal patient discomfort and little donor site morbidity, liposuction is believed to be the best way for adipose tissue harvesting.<sup>3</sup>

A good manufacturing practice (GMP) facility is a produc-

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tion facility or a clinical trial materials pilot plant for the manufacture of pharmaceutical products. It includes the manufacturing space, the storage warehouse for raw and finished product, and support lab areas for medical grade uses. Our institute established GMP grade facilities for SVF isolation about 1 year ago. In this study, we reviewed the records of patient epidemiology and results of SVF isolation from our GMP facility (GMP facility in CHA Bundang Medical Center).

## II. METHODS

### A. Tumescent liposuction

Human subcutaneous adipose tissue samples were collected from the patients who were scheduled to undergo cosmetic fat graft, body contouring and orthopedic clinical trials. Tumescent technique was used to obtain adipose tissue from the abdomen, flank and thigh. In detail, a hollow blunt-tipped cannula was introduced into the subcutaneous space of the donor site through a small stab incision. A 1000 mL of 0.9% NaCl saline solution, supplemented with 1 mg of epinephrine and 400 mg of lidocaine was manufactured and infiltrated into the adipose compartment to minimize blood loss, pain and tissue contamination by peripheral blood cells prior to liposuction. Fifteen minutes after injection, subcutaneous adipose tissue was aspirated with gentle manual suction.

### B. Isolation of ADSC

The collected lipoaspirate was immediately transported to laboratory in sterile manners and centrifuged at 400g for 5 minutes. After removing tumescent solution in the lipoaspirate, the volume of adipose tissue is measured and this value is considered as the initial volume of adipose tissue obtained by liposuction. Prior to beginning the procedures, each enzyme mixtures and buffer (Phosphate buffered saline + 2% gentamicin) were warmed up in the 37°C water bath. The adipose tissue was washed with an equal volume of warm buffer, followed by centrifuging at 400g for 5 minutes at room temperature. After carefully removing the top layer of oil, disposable pipette (2 ml or 5 ml) was used in aspirating the floating adipose tissues. Then, the adipose tissue was mixed with an equal volume of enzyme mixture, containing trypsin (Sigma-Aldrich, St. Louis, USA), dispase (Life technologies, Carlsbad, USA) and collagenase I (Life technologies, Carlsbad, USA), reacted at 7g for 60 minutes in the 37°C shaking water bath for tissue digestion. To block the enzyme effect, about 10cc of patient's blood was centrifuged at 1120g for 5 minutes at room temperature, and the upper layer of plasma was separated in one 50 mL conical tube. Then, the plasma was added to the solution and set plasma's

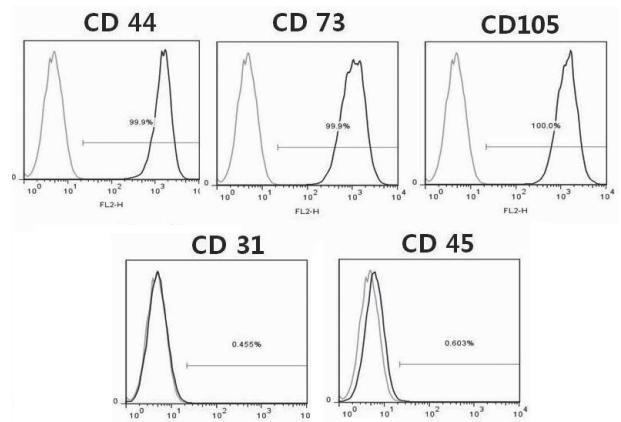
volume to 5% of the whole volume of solutions. Quality control sample was collected after a couple of saline washing, centrifuging and separating procedures. 10 ul of solution was taken to mix with 10 ul of trypan blue dye. And then, we counted the number of stem cells using with a hemocytometer. Cell viability was assessed using the trypan blue dye, discriminating the colors of the cells. Cell surface markers, such as CD44, CD73 and CD105 were set as positive markers, but simultaneously, CD31, CD45 were set as negative markers. Bacteriological examination was performed by the quality control team, part of the GMP facility, with culturing SVF for 14 days.

## III. RESULTS

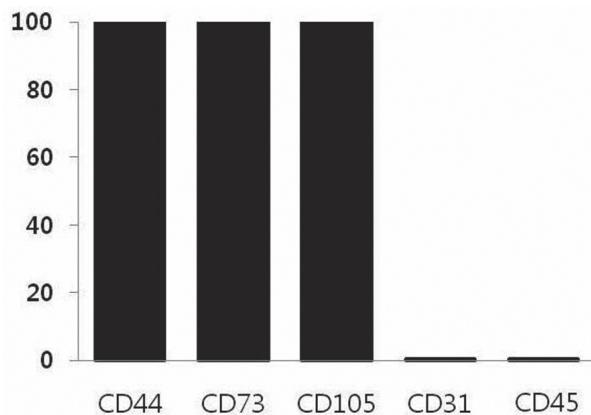
Thirty patients (8 males and 22 females) had been underwent adipose tissue aspiration between April 2012 and January 2013 by a single surgeon. The median age of the patients was 56 years, ranging from 19 years to 69 years, and the average body mass index (BMI) was  $24.4 \pm 2.4$ , distributed between 18.8 and 30.1. In the majority of patients (90 percent), adipose tissue was harvested from the abdomen, but four patients were determined to collect adipose tissue from the posterior, lateral thigh or buttock. Initial volume of tumescent infiltration before liposuction was ranged from 200 cc to 550 cc. The average volume of total adipose tissue aspirate was  $53.2 \pm 26.4$  cc, ranging from 10 cc to 130 cc. Total stem cell counts were ranged from  $2.5 \times 10^5$  to  $7.9 \times 10^6$ , which showed large distribution depending on the total amount of adipose tissue aspirate. Similarly, total stem cell counts including red blood cells (RBC) were distributed between  $6.2 \times 10^6$  and  $1.9 \times 10^8$ . The trypan blue assay was used to determine stem cell viability, and revealed that  $84 \pm 4\%$  of the cells, on average, were assessed to be alive. The average stem cell count per 1cc of adipose tissue aspirate was  $52,252 \pm 26,704$ , ranging from 10,560 to 110,000. Cell count including RBC per 1cc of adipose tissue aspirate was  $970,607 \pm 873,436$ , ranging from 160,000 to 3,960,000. ADSC expressed CD44, CD73 and CD105 (positive cell markers), but CD31, CD45 were not expressed (negative cell markers) (Fig. 1). Quantification of stem cell markers is shown in Fig. 2. Through 14 days of bacteriological examination, bacteria were not detected in all the samples. Patient characteristics and laboratory data are listed in table I.

## IV. DISCUSSION

ADSC have recently been tested in various types of experimental models for the treatment of human diseases.<sup>1,4</sup> In most of these studies, ADSC were collected from tumescent liposuction techniques. In this report, we analyzed our twenty-five cas-



**Fig. 1.** ADSC expressed CD44, CD73 and CD105, but CD31, CD45 were not expressed. ADSC, adipose tissue derived mesenchymal stem cells.



**Fig. 2.** Percent expression of stem cell markers obtained by quantification of immunofluorescent markers in SVF.  
SVF, stromal vascular fraction

**Table I.** Patient Characteristics and Laboratory Data

Case No.	Sex/Age	BMI	Initial tumescent volume (cc)	Donor	Total aspirate (cc)	Total cell count	Total cell count including RBC	Stem cell viability (%)	Stem cell count per 1cc aspirate	Stem cell count per 1cc aspirate including RBC
1	F/19	18.8	550	thigh, flank	65	4,300,000	48,000,000	84	66,154	738,462
2	M/30	26.9	300	abdomen	50	4,470,000	52,000,000	88	89,400	1,040,000
3	M/32	27.7	350	abdomen	60	4,400,000	40,000,000	96	73,333	666,667
4	F/41	20.1	430	thigh, flank	80	3,750,000	19,000,000	74	46,875	237,500
5	M/13	25.4	300	abdomen	50	3,180,000	40,800,000	83	63,600	816,000
6	M/47	21.0	400	buttock	40	1,130,000	28,000,000	84	28,250	700,000
7	F/50	27.1	400	abdomen	70	3,700,000	32,000,000	82	52,857	457,143
8	F/51	30.1	340	abdomen	60	4,450,000	21,000,000	80	74,167	350,000
9	F/54	21.6	285	abdomen	40	550,000	12,000,000	84	13,750	300,000
10	F/54	24.5	300	abdomen	75	2,800,000	12,000,000	80	37,333	160,000
11	M/55	24.4	300	abdomen, thigh	25	1,020,000	36,000,000	85	40,800	1,440,000
12	F/56	23.7	300	abdomen	40	2,880,000	56,900,000	82	72,000	1,422,500
13	M/58	23.7	250	abdomen	10	250,000	6,200,000	87	25,000	620,000
14	M/58	26.1	350	abdomen	50	2,300,000	54,000,000	85	46,000	1,080,000
15	F/58	26.7	300	abdomen	50	3,200,000	17,000,000	82	64,000	340,000
16	F/60	25.3	300	abdomen	55	1,700,000	13,600,000	83	30,909	247,273
17	M/60	25.6	290	abdomen	60	1,040,000	10,000,000	83	17,333	166,667
18	F/64	23.8	300	abdomen	50	4,860,000	56,000,000	86	97,200	1,120,000
19	F/67	25.4	300	abdomen	25	660,000	14,000,000	87	26,400	560,000
20	F/68	22.0	250	abdomen	25	264,000	90,000,000	81	10,560	3,600,000
21	F/68	22.0	250	abdomen	25	898,000	99,000,000	86	35,920	3,960,000
22	F/68	24.7	300	abdomen	50	4,080,000	57,000,000	87	81,600	1,140,000
23	F/69	22.8	200	abdomen	130	3,000,000	45,000,000	80	23,077	346,154
24	F/69	26.3	300	abdomen	50	4,480,000	79,000,000	85	89,600	1,580,000
25	F/55	25.4	250	abdomen	20	990,000	21,000,000	82	49,500	1,050,000
26	F/57	23.0	300	abdomen	120	7,900,000	190,000,000	86	110,000	1,583,333
27	F/55	25.4	250	abdomen	80	6,400,000	97,000,000	86	80,000	1,212,500
28	F/41	22.4	400	abdomen	30	1,000,000	24,000,000	86	33,333	800,000
29	F/62	23.7	450	abdomen	50	1,680,000	35,200,000	79	33,600	704,000
30	F/66	25.2	350	abdomen	60	3,300,000	40,800,000	83	55,000	680,000
AVG	54.5	24.4±2.4	321.5		53.2±26.4			84±4	52,252±26,704	970,607±873,436

BMI, body mass index; RBC, red blood cell; M, male; F, female; AVG, average .

es of tumescent liposuction procedures, which were performed by a single surgeon. The yield and viability of SVF processed by the GMP facility in CHA Bundang Medical Center were presented. In this series of liposuction, no complications were noted and all the patients readily returned to daily life. Adipose tissue harvesting from the abdomen, thigh or buttock is easy and convenient and causes minimal cosmetic problems on donor site. The collected lipoaspirate was immediately transported to laboratory in closed 50 cc syringe because there was a report mentioning that the time between tissue sampling and tissue preparation should be minimized.<sup>5</sup>

Although aspirated fat volume was usually more than 100cc per one patient, this lipoaspirate often contained some amount of tumescent solution, RBC and cell debris. Therefore, the aspirate should be centrifuged at 400g for 5 minutes immediately after transferring to the laboratory. After completely removing the remnant tumescent solution, on average,  $53.2 \pm 26.4$  cc of adipose tissue was used in producing SVF. The number of viable stem cells isolated from the adipose tissue aspirate was approximately  $52,252 \pm 26,704$  cells per 1mL of lipoaspirate ( $970,607 \pm 873,436$  including RBC), and the cell viability tests showed that approximately  $84 \pm 4\%$  of the ADSC were alive. According to the previous report, processing 1mL of lipoaspirate yielded  $4.0 \times 10^5 \pm 2.1 \times 10^5$  cells (including RBC) with  $93.9 \pm 3.3\%$  cell viability.<sup>6</sup> Oedayrajsingh-Varma et al. reported approximately  $3.5 \times 10^4 \pm 0.1 \times 10^6$  cells per gram of fat tissue and  $81 \pm 2\%$  viability.<sup>3</sup> Locke et al. reported  $2.4 \times 10^4$  cells per 1mL of fat processed, and Muscari et al. showed  $3.3 \times 10^5 \pm 0.3 \times 10^5$  cells (including RBC) per 1mL of fat tissue.<sup>7,8</sup> Compared to this, it is evident that the yield of SVF manufactured by the GMP facility in CHA Bundang Medical Center coincides well with the results of previous studies.

Use of SVF from lipoaspirates are becoming more popular not only in plastic surgery but also in other medical fields including orthopedic surgery, neurology and etc. The SVF used in these surgical procedures is usually extracted by some kind of commercial machines. However, so far, no domestic reference has been reported yet to estimate the yield and viability of the SVF manufactured by those stem cell extracting machines. The purpose of this study is to provide one reference for the SVF, manufactured with the operation of sophisticated laboratory

equipments. We think our data can be a reference for the clinicians who want to use SVF as a therapeutic purpose. Further study will be focused on the analysis of patient's individual conditions, such as age, BMI, medical history, and amount of initial tumescent, which can affect the yield and viability of SVF.

## V. CONCLUSION

In this study, we reviewed the records of patient epidemiology and results of SVF isolation. The average stem cell count per 1cc of lipoaspirate was  $52,252 \pm 26,704$  and cell count including red blood cells per 1cc of lipoaspirate was  $970,607 \pm 873,436$ . The stem cell viability was proven to be  $84 \pm 4\%$ . These data can be a reference for using SVF as research or clinical purpose.

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